

Manawaru School

Newsletter



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Find us on 



Our focus this term
is being a
recogniser of
structure and norms

6 March 2020

**Empowering learners
for their future**

PRINCIPAL'S REPORT

Kia ora koutou

The coronavirus has made its way onto New Zealand shores so you may be wondering what Manawaru School is doing to plan and prepare for an event like this.

The Ministries of Education and Health have been providing excellent communication to schools on this issue for the last few weeks and we have been following the daily updates from them. Their current advice is that everybody should follow basic hygiene principles to reduce the risk of getting sick or passing it on to others:

- Regularly washing hands (for at least 20 seconds with soap and water and dry thoroughly).
- Covering coughs and sneezes with clean tissues or with an elbow
- Staying home if you are sick.

Parents around NZ are getting worried about coronavirus, but what about children? Are your kids worried? What do you tell them that's true, and not alarming? Seven Sharp covered this brilliantly this week with Dr Michelle Dickinson, who suggested the easiest way to discuss coronavirus with children is to talk about what viruses actually are.

I have included the link to this segment along with some fun YouTube clips on how to wash your hands – silly I know but it doesn't hurt to watch them and by giving children things to actively do, it will help them to feel empowered and safer:

Teaches hand washing technique <https://www.youtube.com/watch?v=S9VjeIWLnEg>

Hand washing happy birthday <https://www.youtube.com/watch?v=aGJNspLRdrc>

Seven Sharp – How to talk to children <https://www.tvnz.co.nz/one-news/new-zealand/nanogirls-tips-talking-kids-coronavirus-without-making-them-worried>

On a lighter note but still about empowerment please can you help your children keep our school clean and tidy. Our beautiful playgrounds are becoming dumping grounds for rubbish, lost property and sports equipment.

Please name your child's clothing. I know this a familiar request, but this is becoming a real issue. We are a Zero Waste school. Help your children by sending food to school in reusable containers. Those with packet food will remain seated until they have finished eating and then they can move away to play.

We would appreciate your help so we can combat this as a team.

Enjoy your weekend,
Nga mihi
Mel Sargent

"Alone we can do so little; together we can do so much." – **Helen Keller**

CALENDAR

MARCH

- 11 Te Aroha District Swimming Sports.
- 17 Free mobile ear clinic - Future Te Aroha,
13 Boundary St, Te Aroha - 12:45 - 2:45 p.m.
- 25 Thames Valley Swimming Sports.

APRIL

- 3-4 Manawaru School and District Jubilee.
- 9 Last day of Term 1.

MAY

- 8 Trivial Pursuits evening

REMINDERS

If you would like to pay by internet banking for stationery (e.g. Prime Maths books) or T shirts, etc. our school bank account number is:

03 1573 0013006 00

The Fundraising Club account for any **sausage sizzles or fundraising things** is:

02 0436 0071213 00

CREDIT UNION SCHOOL BANKING



First Credit Union provides a great school banking service to all pupils at Manawaru School. Getting started is easy - just pick up an application pack from the school office, fill in the application form and return it to the school office (the red banking box). They pick up the banking each week and send the books back to school again. School banking is collected on a Wednesday each week!

VACANT DRIVE-IN POSITION DAIRY GOAT FARM, TE AROHA

Full-time (5+2) or part-time; job includes milking, machinery work, eventually sole charge. Closing date 18.3.20. Phone René 027 2123 727.

WELLNESS EXPO

Saturday, 14th March
10:00 a.m. - 3:00 p.m.
Silver Ferns Event Centre
Gold coin donation
Doctors, Red Cross, St. John, Physio
and numerous others will be there

AN EVENING FOR PARENTS, CAREGIVERS & WHĀNAU



Friday 13 March 2020, 7:00pm - 9:00pm
Southwell School, Hamilton



This is a free event, sponsored by the Ministry of Education. Attendees will have a choice of two workshops to attend, please pick ONE:



Option One: Poutiria te Aroha
"Tamaiti wāwāhi tahā - aratākina ki te puna aroha"
Supporting and raising our tamariki in aroha
Presented by Katarina Mataira
Poutiria te Aroha

Reo o te ngākau - A parenting programme drawing on the wisdom of te ao Māori in alignment with the philosophy and strategies of parenting with nonviolence. A space to learn and to kōrero with others about parenting. No-one told you it was going to be this hard? Where's the manual? What's the secret? Will my kids be OK?

Option Two: Parenting with nonviolence
Presented by Isabel Crawford & Jackie Gillett
Te Mauri Tau

Jackie and Isabel will be co-facilitating a workshop based on a philosophy of parenting developed by Ruth Beaglehole, who has been an advocate for children for over 50 years. We will explore what it means to parent well - how we can notice family patterns and consider a parenting paradigm that is based on healthy, loving and connected relationships. Suitable for anyone who spends time with children of any age.

I long for the day when we would greet each other and be able to say with the deepest of hearts "The children are well".

- Ruth Beaglehole



Educational
Leadership Project

To register your interest please email Claire at admin@elp.co.nz with your name, contact details and workshop choice, or call 07-856-8708

CLUB ENERGIZE

“designed for beginners in preparation for the Piako Triathlon on the 22nd March!”

Tri Kids Training

3.30pm - 5pm, Tuesday 10th March
Morrinsville Swimzone
3.30pm - 5pm, Thursday 12th March
Matamata Swimzone

Age: 6-12 years (if under 6 will need to attend with an Adult)
Cost: Free
Bring: Bike, helmet, togs, towel & water bottle

Registration is essential | Limited to 30 registrations

Please contact Energizer Sophie Millar on 027 475 7513 or sophiem@sportwaikato.org.nz to register



BREAKFAST IDEAS

RUNNING LATE?

TRY ONE OF THESE QUICK HEALTHY OPTIONS
Eating SOMETHING to start our day is important to help us to 'be the best we can be'. Try one of these great options when you are short of time.



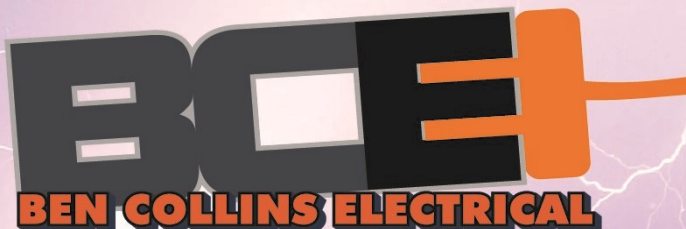
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