

Manawaru School

Newsletter



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www.manawaru.school.nz

Find us on 



Our focus this term
is being a
recogniser of
structure and norms

5 March 2021

**Empowering learners
for their future**

PRINCIPAL'S REPORT

We began this week with teacher training to enable staff to teach the Pause Breathe Smile programme. This programme was developed in 2013, and has sound research to support the claims it makes.

'Pause Breathe Smile teaches mindfulness as a life skill for the purposes of:

- *Improving focus and attention*
- *Increasing care for self and others*
- *Developing emotional regulation skills and the ability to self-calm*
- *Improving a child's ability to make wise choices about what supports wellbeing and what doesn't*
- *Developing emotional literacy and boosting resilience*
- *Cultivating a positive sense of connection to self, others and the natural world'*

This programme is tried and tested. We can see how it will have a positive impact on the capacity of learners at Manawaru School.

We are excited that the Te Aroha Kaahui Ako primary schools, and a few Te Aroha College teachers are all involved in this training. This will be another way we can support the Te Aroha learner, using a proven common sense programme. We will be involving families as much as we can, because we know when we all work together we get the best results. Don't expect your children to come home singing Kumbaya; it is definitely not that sort of programme! 😊

Thank you to all of the parents who were able to support the senior school camp. Your efforts are appreciated, as you know we absolutely could not have camp without your support. It sounds like it was a camp filled with adventure, and people being brave enough to tackle challenges head on, which is just what we hope for. Thank you for your understanding and support for everyone. How fortunate that camp could happen, and the weather was good! There are many stories of camps that have had to be cancelled at this uncertain time. The joys of being a small school at Level 2!

We have dates for the parent meetings run by the Te Aroha Kaahui Ako, working with The Psychology Centre. There a range of meeting dates and times, held in a range of venues. This is to encourage all parents to attend, if you can't make the one here you are more than welcome to go to another site. This is for all Te Aroha parents, so if you know someone who might be interested, please let them know. This will provide everyone with a few additional tools, regardless of the age of your children. Please lock in a date, I know I have said this repeatedly, it's because this is the one thing this year we are really asking parents to make an effort to attend.

Thank you for your support as we moved once again to Level 2. I am sure we are all looking forward to moving back to Level 1! I think we can expect to be popping in and out of the levels. Please remember the Level 2 requirements, and support your children to do the same. There are a few bugs around as we change seasons, so please remember to talk about hygiene with your children, and keep sick children home. Being extra careful is the way to keep us all safe!

Rosemary Hendrikse

"Do not judge me by my success, judge me by how many times I fell down and got back up again." - Nelson Mandela

COMING EVENTS

March

- 10 Te Aroha District Swimming Sports.
- 11 Postponement Day for Te Aroha District Swimming Sports.
- 16 Cricket Festival - Year 4-8 students. More information will follow.
- 24 Thames Valley Swimming Sports.

April

- 2 Good Friday - holiday.
- 5 Easter Monday - holiday.
- 6 Easter Tuesday - holiday.
- 16 Last day of term one.

REMINDERS

If you would like to pay by internet banking for **stationery (e.g. Prime Maths books) or T shirts, etc.** our school bank account number is:

03 1573 0013006 00

The Fundraising Club account for any sausage sizzles or fundraising things is:

02 0436 0071213 00

BOARD OF TRUSTEES MEETING

Board of Trustees meetings are usually held twice a term. The first meeting this year will be on:

Monday, 8th March 2021
at 5:00 p.m.

in the school staff room

All are welcome to attend these meetings

JUNIOR GOLF

Held on Wednesdays
at 5:00 p.m.

Meet at the Clubhouse
at the Te Aroha Golf course

This is for all ages and parents accompanying their children can take part as well.

Golf clubs are available, but if you have your own, please take them.

For further information please phone
Jamie on 021 0235 4643



TE AROHA JUNIOR RUGBY 2021 Season

Registration Days:

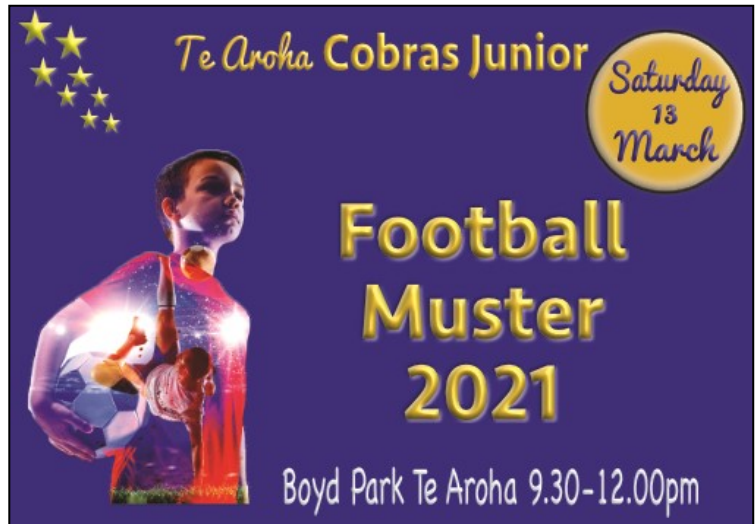
Tuesday 9th March: 3.30 - 4.30 p.m.
Thursday 11th March: 3.30 - 4.30 p.m.
Sunday 11th March: 10.00-11.00 a.m.



All previous players should have received an email

For further information please check out
Te Aroha Junior Rugby Facebook page.
Or register using the link below.

<https://www.sporty.co.nz/tearohajuniorrugby/2021-Junior-Registration-Form/Tab-1>



TE AROHA JUNIOR HOCKEY MUSTER

When: Monday, 22 March

Time: 3:30 - 4:30 p.m.

Where: Te Aroha Primary School

Contact: Kim Davey - Phone 027 482 4597



TE AROHA ATHLETIC CLUB

Can all Te Aroha Athletic Club Trophies and Cups please returned by the 9th March,
Can contact us via our facebook page to arrange drop off.

MANAWARU INDOOR BOWLS



Opening Night
Thursday, 4th March
7:00 p.m.

Manawaru Hall

Free family fun night

Come along and have a fun family night

For further information please phone:

Mark Davey on 027 281 3621

Supporting tamariki & whanau wellbeing

free parent workshops



- Learn about anxiety & what it looks like in children
- Learn coping strategies for tricky behaviour
- Learn how to navigate uncertainty
- Learn about free counselling available

Wed March 10th, 1pm-2:30pm at Te Aroha College

Wed March 17th, 9:30am-11am at Manawaru School

Wed March 17th, 1pm-2:30pm at St Joseph's Catholic School, Te Aroha

Wed March 24th, 8:45am-10:15am at Springdale School

Wed March 24th, 1pm- 2:30pm at Elstow-Waihou School

Wed March 24th, 6pm-7:30pm at Stanley Avenue School

Come join Natalie & Dawn for a cuppa & a chat

Drop in at any of the free sessions

Choose the time and space that works for you

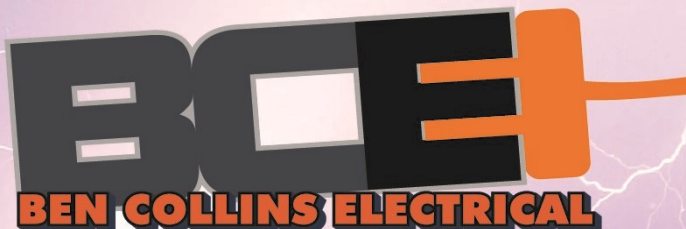
email s.daroux@tacol.nz for more information

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